



## Energies That Bind: Parents and Children

by [Rajeev Ahluwalia](#)

As children spend most of their time around their mother's energy field, it has been observed that once a mother's issues are healed, the healing shows direct results on the children too.

- Parents' relationship with each other and their children affect children's health.
- Children, from infancy until age 14, have very sensitive energy fields, which respond to everything happening around them.
- Parents' strenuous relationship at home shows its effect on children in various forms, such as irritation, poor health, fear, and poor appetite.

All of this can lead to bigger symptoms like phobias (of darkness, being alone), sensitivity to loud sounds, and a poor immune system, which leads to falling sick easily.

In one particular case, a couple, who are also parents, came to me for help. They complained that in spite of their best efforts to keep their family happy and healthy, their children were not acting responsible, had fear of the dark, and were plagued by health challenges.

When we dug deeper into this cause through the ThetaHealing® technique, we found the following:

1. The mother had a Fear since she was 5 years old, and
2. The father had Childhood Abuse Trauma (caused by certain beliefs held by individuals in his household). In turn, this resulted in a very strenuous relationship between the parents which, unknowingly, brought about poor health, fear, and irresponsibility in the children.

Once the beliefs of the mother and father were changed, and mother's fear and father's childhood trauma were energetically healed through ThetaHealing®, the fear in the children disappeared. The energy in the house became vibrant, joyous and peaceful, and the family relationship turned more loving.

It is important to note that we are energetically connected to our loved ones despite living separately or far away. At times, when faced with challenges, we encounter a surge of emotions such as certain fears or uncertainty. Sometimes, these are emotions we did not develop but unconsciously adapted or carried over from a family member or dear one.

Once these negative blocks are released energetically and replaced with positive ones and unconditional love, an individual feels more confident, secure, and in harmony with

themselves and others. After all, the greatest gift you can give a loved one is unconditional love.

Rajeev Ahluwalia is a ThetaHealing® Instructor, Medial Intuitive, Life & Business Coach. He conducts ThetaHealing® Sessions at his home healing center at Fairview Park. You can also learn ThetaHealing for yourself as Rajeev conducts regular ThetaHealing® Classes at Rocky River, OH. Visit [www.NaturalHealingTrends.com](http://www.NaturalHealingTrends.com) to book your sessions and to signup for classes. You can also contact Rajeev directly via e-mail – [Rajeev@naturalhealingtrends.com](mailto:Rajeev@naturalhealingtrends.com) or by phone – 440.565.5377.

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